

# Massage Therapy Health Questionnaire

Danielle Wieczorek (402) 619-6910

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Please Print

NAME (First and Last) \_\_\_\_\_

CELL PHONE # \_\_\_\_\_ LANDLINE# \_\_\_\_\_ WORK # \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ AGE \_\_\_\_\_ EMAIL \_\_\_\_\_

OCCUPATION \_\_\_\_\_

\*\*\* REMINDER (Check one) TEXT \_\_\_\_\_ EMAIL \_\_\_\_\_ PHONE CALL \_\_\_\_\_

Please be advised that certain conditions may be contraindicated for therapeutic massage, and your session may need to be adjusted, discontinued, or rescheduled if massage would put your health or the health of the therapist at risk. Please review the following conditions and circle those that apply to you:

HIV/AIDS    Tension Headaches/Migraines    Joint Pain    Anxiety/Depression    Cancer  
Carpel Tunnel Syndrome    Muscle Pain    Skin Conditions    Heart Issues    Arthritis  
Gout    High/Low Blood Pressure    Diabetes    Varicose Veins    Allergies    Cold/Flu

Please explain any of the conditions you have circled above:

\_\_\_\_\_

Medications currently taking: \_\_\_\_\_

Recent injuries or surgeries: \_\_\_\_\_

Do you have your physician's permission to receive therapeutic massage? Yes \_\_\_\_\_ No \_\_\_\_\_ Not necessary \_\_\_\_\_

Are you pregnant? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, what is your expected due date \_\_\_\_\_

**Massage Therapy is not intended to substitute proper medical care, nor is it used for sexual purposes. All information given is true to the best of my knowledge. I release Danielle Wieczorek from any unforeseen liability that may occur from receiving massage therapy. Additionally, I understand that by not showing up for three scheduled appointments, there will be a required prepayment for future appointments.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

